

Level 3 Autumn Meet 2022

License: 3NE221878 & 3NE221879 Dunston Leisure Centre, Dunston Bank, Gateshead, NE11 9PY Friday 23rd & Sunday 25th September 2022

Promoters Conditions and Competition Rules Page 1 of 5

This meet is being run under ASA laws and ASA technical rules together with the conditions and rules described in this document ("Conditions").

This event is aimed at Club Swimmers in accordance with A.S.A. Open Meet Licensing Guidelines Level 3.

Age Groups

Age groups are 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs and 15yrs/over

Ages are as at 25th September 2022

Swimmers must be, or have applied for registration with the A.S.A. and may only enter events in their own age group.

Events

Heats will be run with all ages seeded together based on entry times and the slowest swimmers first.

The promoter reserves the right to amend the Programme of Events in order to ensure the smooth running of the meet.

When called for an event, all swimmers must report to the Competition Marshalls before the start of each event they are competing in.

It is the responsibility of the individual to report to the marshalling area in sufficient time for each event.

The Promoters will not be held responsible for a swimmer missing the start of their particular heat.

Starts will be "over the top" where possible, at the Referees discretion, to ensure that the events run to time in each session.

Entry times must be no faster than the accompanying QTs and must be from Rankings or a training time – "YES" times will be rejected.

<u>Awards</u>

Events awards will be made to the first 3 in each age group.

9yrs, 10yrs, 11yr, 12yrs, 13yrs, 14yrs, 15 yrs/over

ALL events will be heat declared winners.

Entries

Entries open on Monday 1st August and close on Monday 22nd August 2022.

Entries must include date of birth and ASA registration number details; the names and club for each swimmer must be the same as that registered with the ASA.

Club entries *must* be made in an electronic format using the Sports System Entry Manager software. The entry file set will be available from the meet manager Leighanne Langan (leighanne.langan@gawswim.org.uk). No manual entries will be accepted.

Individual entries will not be accepted. Individuals should either enter with their club entry or, if they are the only swimmer entering from a club, submit an entry for their club with only one swimmer.

The Promoters reserve the right to restrict entries to meet the allocated pool time, or on the grounds of health and safety.

Please note that depending upon the volume of entries received, it may be necessary to reject some entries. If necessary, the slowest swimmers in each age group will be rejected first in all events.

Any entry not accepted will be refunded in full; no other monies will be refunded. Funds for any entries not accepted will be available for collection in the coach's packs at the start of the meet.

The submission of entries will indicate acceptance of these Conditions.

Charges

Entry Fees: £6.50 per event (to include the regional levy per event)

If you wish to pay by Bank Transfer contact

Details are:

GATESHEAD AND WHICKHAM AMATEUR SWIMMING CLUB Barclays, Account number – 00721980 Sort code - 20-33-51

Otherwise payment should be made by cheque to: Gateshead & Whickham ASC Return summary of entries and cheque to:

Club Treasurer
Gateshead & Whickham ASC
13 Derwentwater Gardens
Whickham
Newcastle upon Tyne
NE16 4EY

Spectator Entry Fees Entry: Friday - £4.00

Sunday £4.50 per session or £8.00 full day.

Payments for spectators can be made on the day by debit or credit card or cash

Coach Passes: £10.00 each. This includes entry to poolside, start sheets, lunch and a full copy of the results. Only competing swimmers and swimming coaches/Team Managers displaying the appropriate pass (max 3 per club, at Promoters discretion) will be allowed on poolside for Health/Safety Insurance reasons.

To help this competition run smoothly where possible if competing clubs could please provide an official that would be much appreciated. Clubs providing an official covering every session will be entitled to 1 free poolside pass.

Facilities

This gala will take place at Dunston Leisure Centre, Dunston, Gateshead NE11 9PY which offers a six lane 25m pool with anti-wave lane ropes, freeboard adjustable footrest starting blocks for track starts and automated officiating equipment.

Warm Up

The pool will be available for warm up at the start of each session. Timings will be sent out once entries have been confirmed.

Coaches must supervise their swimmers during this period so as not to endanger themselves or others whilst in the water.

Diving is not permitted during warm up except when designated by the warm up official announcer.

<u>General</u>

The changing rooms are unisex and are to be patrolled during the Meet to ensure the safety of all the swimmers.

Car parking

Car parking is free of charge at Dunston Leisure Centre however it is limited. Should you park in the surrounding area we request you please be considerate of local residents.

To ensure maximum space on poolside all bags must be located in lockers

Possessions and articles must not be left unattended, as neither the swimming club nor the leisure centre will accept any liability for any loss or damage that may occur during the meet.

The Teaching pool will be used for cool down after events.

Swimmers must wear suitable clothing and footwear on poolside. No wet clothing is allowed in the spectator seating area.

Clubs should be aware that the recommended ratio of adults to swimmers on poolside is 1:10.

The Promoter reserves the right to refuse admission to any spectator, swimmer or coach.

Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. By submitting an entry, participants agree to be bound by any decisions made by the Promoter.

The Promoter reserves the right to amend these Conditions, without prior notice, to ensure the smooth running of the Meet.

Health and Safety

All participants must observe the safety precautions in operation at Dunston Leisure Centre.

Swimmers and coaches must ensure that they take no action that could potentially endanger themselves or others.

Supervision and behaviour of the swimmers is the responsibility of their swimming clubs at all times.

Prior to leaving the pool area, swimmers must dry off and put on appropriate clothing and footwear.

It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are competent to the standard of the A.S.A Competitive Start Award. Competitors may start from the side or in the water.

Covid 19 requirements

These conditions are subject to government guidance for Covid19 at the time of the event and may be subject to change at short notice.

Photography

The use of any photographic equipment during the meet must be in accordance with governing body recommendations.

Data Protection

The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes: obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the Meet and the submission of results to British Swimming Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party, such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.

Contact Details

The meet is promoted by Gateshead and Whickham Swimming Club.

For any information regarding the meet please see http://www.gawswim.org.uk in the first instance.

For queries and submission of electronic entry files please email Leighanne Langan (leighanne.langan@gawswim.org.uk).

For queries about the meet and conditions please email lead referee, TBC.



Level 3 Autumn Meet 23rd & 25th September 2022 Age as 25th September 2022 **Dunston Leisure Centre**

Dunston Leisure Centre Gateshead

Event	Gender	Age	Distance	Stroke	Event	Gender	Age	Distance	Stroke	
Session 1 – Friday PM (17:30 Warm Up, 18:00 Start)					Session 1 - Friday PM Continued					
1	BOY	9-Open	200	Individual Medley	3	BOY	9-Open	200	Freestyle	
2	GIRL	9-Open	200	Individual Medley	4	GIRL	9-Open	200	Freestyle	
Sessi	Session 2 - Sunday AM (08:00 Warm Up, 09:00 Start)				Session 3 - Sunday PM (Warm Up TBC)					
5	BOY	9-Open	100	Individual Medley	14	GIRL	9-Open	100	Individual Medley	
6	GIRL	9-Open	50	Butterfly	15	BOY	9-Open	50	Freestyle	
7	BOY	9-Open	50	Butterfly	16	GIRL	9-Open	50	Freestyle	
8	GIRL	9-Open	100	Freestyle	17	BOY	9-Open	100	Butterfly	
9	BOY	9-Open	100	Freestyle	18	GIRL	9-Open	100	Butterfly	
10	GIRL	9-Open	50	Breaststroke	19	BOY	9-Open	50	Backstroke	
11	BOY	9-Open	50	Breaststroke	20	GIRL	9-Open	50	Backstroke	
12	GIRL	9-Open	100	Backstroke	21	BOY	9-Open	100	Breaststroke	
13	BOY	9-Open	100	Backstroke	22	GIRL	9-Open	100	Breaststroke	



Level 3 Autumn Meet 23rd & 25th September 2022 Age as 25th September 2022

Upper Qualifying times

		Male				Female					
9	10	11/12	13/14	OPEN	EVENT	9	10	11/12	13/14	OPEN	
32.00	30.00	27.00	25.00	23.00	50 Free	33.00	31.00	29.00	27.50	25.00	
1.16.00	1.10.00	1.00.00	56.00	51.00	100 Free	1.16.00	1.10.00	1.04.00	59.00	56.00	
2.40.00	2.30.00	2.08.00	2.02.00	1.52.00	200 Free	2.40.00	2.30.00	2.18.00	2.08.00	2.02.00	
36.00	34.00	31.00	28.00	26.00	50 Back	36.00	35.00	32.00	30.00	28.00	
1.18.00	1.14.00	1.06.00	1.01.00	57.00	100 Back	1.20.00	1.16.00	1.09.00	1.05.00	1.01.00	
42.00	40.00	35.00	31.00	28.00	50 Breast	42.00	40.00	36.00	34.00	32.00	
1.36.00	1.30.00	1.18.00	1.08.00	1.03.00	100 Breast	1.40.00	1.30.00	1.18.00	1.14.00	1.09.00	
35.00	32.00	30.00	27.00	25.00	50 Butterfly	36.00	34.00	32.00	29.00	27.00	
1.24.00	1.18.00	1.05.00	1.00.00	56.00	100 Butterfly	1.28.00	1.18.00	1.08.00	1.04.00	1.01.00	
1.26.00	1.20.00	1.10.00	1.02.00	57.00	100 IM	1.26.00	1.20.00	1.12.00	1.05.00	1.02.00	
3.00.00	2.50.00	2.30.00	2.15.00	2.03.00	200 IM	3.00.00	2.50.00	2.36.00	2.24.00	2.18.00	

Swimmers must not have achieved faster times than listed above