



Level 3 Summer Meet 2022

License: 3NE221069

**Dunston Leisure Centre, Dunston Bank, Gateshead, NE11 9PY
Saturday 16th & Sunday 17th July 2022**

Promoters Conditions and Competition Rules Page 1 of 5

This meet is being run under ASA laws and ASA technical rules together with the conditions and rules described in this document ("Conditions").

This event is aimed at Club Swimmers in accordance with A.S.A. Open Meet Licensing Guidelines Level 3.

Age Groups

Age groups are 9yrs 10yrs 11yrs 12yrs 13yrs and 14 over

Ages are as at 17th July 2022

Swimmers must be, or have applied for registration with the A.S.A. and may only enter events in their own age group.

As per the Meet Licensing Guidelines October 2018, 9yr olds are not permitted to enter 400m freestyle

Events

Heats will be run with all ages seeded together based on entry times and the slowest swimmers first.

The promoter reserves the right to amend the Programme of Events in order to ensure the smooth running of the meet.

When called for an event, all swimmers must report to the Competition Marshalls before the start of each event they are competing in.

It is the responsibility of the individual to report to the marshalling area in sufficient time for each event.

The Promoters will not be held responsible for a swimmer missing the start of their particular heat.

Starts will be "over the top" where possible, at the Referees discretion, to ensure that the events run to time in each session.

Finals

The six fastest swimmers from the heats of the 50m events shall qualify for the finals.

Finals will be held for the following age groups 9-10yrs, 11-12yrs, 13-14yrs, 15yrs and over

Awards

Events awards will be made to the first 3 in each age group HDW events in each age group
9yrs, 10yrs, 11yr, 12yrs, 13yrs 14yrs over (50m events, only first 3 in each final)

100m, 200m 400m will be heat declared winners.

Entries

The closing date for entries is Wednesday 29th June 2022.

Entries must include date of birth and ASA registration number details; the names and club for each swimmer must be the same as that registered with the ASA.

Club entries *must* be made in an electronic format using the Sports System Entry Manager software. The entry file set will be available from the meet manager Leighanne Langan (compsecretary@gawswim.org.uk). No manual entries will be accepted.

Individual entries will not be accepted. Individuals should either enter with their club entry or, if they are the only swimmer entering from a club, submit an entry for their club with only one swimmer.

The Promoters reserve the right to restrict entries to meet the allocated pool time, or on the grounds of health and safety.

Please note this is a first come first served gala, entries will open on Monday 6th June at 8:00am and will close on Wednesday 29th June at 10:00pm or when the gala is full.

Any entry not accepted will be refunded in full; no other monies will be refunded.

The submission of entries will indicate acceptance of these Conditions.

Charges

Entry Fees: £6.50 per event (to include the regional levy per event)

If you wish to pay by Bank Transfer contact

Details are:

GATESHEAD AND WHICKHAM ASC

Barclays, Account number – 00721980 Sort code - 20-33-51

Otherwise payment should be made to: Gateshead & Whickham ASC

Return summary of entries and cheque to:

Gateshead & Whickham ASC

13 Derwentwater Gardens

Whickham

Newcastle upon Tyne

NE16 4EY

Entry: £4.50 per session or £8.00 per day. Weekend pass £15.00

Programmes: £2.00

Payments for spectators and programmes can be made on the day by debit or credit card

Coach Passes: £20.00 each. This includes entry to poolside, start sheets, lunch and a full copy of the results. Only competing swimmers and swimming coaches/Team Managers displaying the appropriate pass (max 3 per club, at Promoters discretion) will be allowed on poolside for Health/Safety Insurance reasons.

To help this competition run smoothly where possible if competing clubs could please provide an official that would be much appreciated. Clubs providing an official covering every session will be entitled to 1 free poolside pass.

Facilities

This gala will take place at **Dunston Leisure Centre, Dunston, Gateshead NE11 9PY** which offers a six lane 25m pool with anti-wave lane ropes, freeboard adjustable footrest starting blocks for track starts and automated officiating equipment.

Warm Up

The pool will be available for warm up at the start of each session. Timings will be as indicated in the Schedule of Events and the Programme.

Coaches must supervise their swimmers during this period so as not to endanger themselves or others whilst in the water.

Diving is not permitted during warm up except when designated by the warm up official announcer.

General

The changing rooms are unisex and are to be patrolled during the Meet to ensure the safety of all the swimmers.

Car parking

Car parking is limited at Dunston Leisure Centre and alternative parking will be available at Watergate Park (approx. 0.6mile from the venue – directions and map available from www.gawswim.org.uk).

To ensure maximum space on poolside all bags must be located in lockers

Possessions and articles must not be left unattended, as neither the swimming club nor the leisure centre will accept any liability for any loss or damage that may occur during the meet.

The Teaching pool will be used for cool down after events.

Swimmers must wear suitable clothing and footwear on poolside. No wet clothing is allowed in the spectator seating area.

Clubs should be aware that the recommended ratio of adults to swimmers on poolside is 1:10.

The Promoter reserves the right to refuse admission to any spectator, swimmer or coach.

Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. By submitting an entry, participants agree to be bound by any decisions made by the Promoter.

The Promoter reserves the right to amend these Conditions, without prior notice, to ensure the smooth running of the Meet.

Health and Safety

All participants must observe the safety precautions in operation at Dunston Leisure Centre.

Swimmers and coaches must ensure that they take no action that could potentially endanger themselves or others.

Supervision and behaviour of the swimmers is the responsibility of their swimming clubs at all times.

Prior to leaving the pool area, swimmers must dry off and put on appropriate clothing and footwear.

It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are competent to the standard of the A.S.A Competitive Start Award. Competitors may start from the side or in the water.

Covid 19 requirements

Guidelines will be released before the gala with details of the procedures to minimise the risk of COVID 19 infection.

Photography

The use of any photographic equipment during the meet must be in accordance with governing body recommendations.

Data Protection

Entries for this meet will be held and processed on a computer. By submitting entries, consent is deemed to have been given, as required by the 1984 Data Protection Act, to the holding and processing of personal information on a computer. Personal data, including submitted and recorded times, will be publicly available and accessible via the Internet before, during and after the meet.

Contact Details

The meet is promoted by Gateshead and Whickham Swimming Club.

For any information regarding the meet please see <http://www.gawswim.org.uk> in the first instance.

For queries and submission of electronic entry files please email Leighanne Langan
(compsecretary@gawswim.org.uk).

For queries about the meet and conditions please email lead referee, Christine Golightly
christine.golightly@hotmail.co.uk



Level 3 Summer Meet 16th & 17th July 2022
Age as 17th July 2022
Dunston Leisure Centre
Gateshead

Event	Gender	Age	Distance	Stroke	Event	Gender	Age	Distance	Stroke
Session 1 – Saturday AM					Session 3 - Sunday AM				
1	BOY	10-Open	400	Individual Medley	32	GIRL	10-Open	400	Individual Medley
2	GIRL	9-Open	200	Individual Medley	33	BOY	9-Open	200	Individual Medley
3	BOY	9-Open	50	Butterfly	34	GIRL	9-Open	50	Breaststroke
4	GIRL	9-Open	50	Freestyle	35	BOY	9-Open	50	Backstroke
5	BOY	9-Open	200	Freestyle	36	GIRL	9-Open	200	Butterfly
6	GIRL	9-Open	200	Breaststroke	37	BOY	9-Open	200	Backstroke
7	BOY	9-Open	100	Breaststroke	38	GIRL	9-Open	100	Freestyle
8	GIRL	9-Open	100	Backstroke	39	BOY	9-Open	100	Butterfly
FINALS					FINALS				
9	BOY	9/10	50	Butterfly	40	GIRL	9/10	50	Breaststroke
10	GIRL	9/10	50	Freestyle	41	BOY	9/10	50	Backstroke
11	BOY	11/12	50	Butterfly	42	GIRL	11/12	50	Breaststroke
12	GIRL	11/12	50	Freestyle	43	BOY	11/12	50	Backstroke
13	BOY	13/14	50	Butterfly	44	GIRL	13/14	50	Breaststroke
14	GIRL	13/14	50	Freestyle	45	BOY	13/14	50	Backstroke
15	BOY	15 +	50	Butterfly	46	GIRL	15 +	50	Breaststroke
16	GIRL	15 +	50	Freestyle	47	BOY	15 +	50	Backstroke
Session 2 - Saturday PM					Session 4 - Sunday PM				
17	BOY	10-Open	400	Freestyle	48	GIRL	10-Open	400	Freestyle
18	GIRL	9-Open	50	Butterfly	49	BOY	9-Open	50	Breaststroke
19	BOY	9-Open	50	Freestyle	50	GIRL	9-Open	50	Backstroke
20	GIRL	9-Open	200	Freestyle	51	BOY	9-Open	200	Butterfly
21	BOY	9-Open	200	Breaststroke	52	GIRL	9-Open	200	Backstroke
22	GIRL	9-Open	100	Breaststroke	53	BOY	9-Open	100	Freestyle
23	BOY	9-Open	100	Backstroke	54	GIRL	9-Open	100	Butterfly
FINALS					FINALS				
24	GIRL	9/10	50	Butterfly	55	BOY	9/10	50	Breaststroke
25	BOY	9/10	50	Freestyle	56	GIRL	9/10	50	Backstroke
26	GIRL	11/12	50	Butterfly	57	BOY	11/12	50	Breaststroke
27	BOY	11/12	50	Freestyle	58	GIRL	11/12	50	Backstroke
28	GIRL	13/14	50	Butterfly	59	BOY	13/14	50	Breaststroke
29	BOY	13/14	50	Freestyle	60	GIRL	13/14	50	Backstroke
30	GIRL	15 +	50	Butterfly	61	BOY	15 +	50	Breaststroke
31	BOY	15 +	50	Freestyle	62	GIRL	15 +	50	Backstroke



**Gateshead & Whickham
Amateur Swimming Club**

Level 3 Summer Meet

16th/17th July 2022

Age as 17th July 2022

Upper Qualifying times

Male					EVENT	Female				
9	10	11/12	13/14	OPEN		9	10	11/12	13/14	OPEN
32.00	30.00	27.00	25.00	23.00	50 Free	33.00	31.00	29.00	27.50	26.00
1.16.00	1.10.00	1.00.00	56.00	51.00	100 Free	1.16.00	1.10.00	1.04.00	1.00.00	58.00
2.40.00	2.30.00	2.08.00	2.02.00	1.52.00	200 Free	2.40.00	2.30.00	2.18.00	2.10.00	2.06.00
	5.10.00	4.30.00	4.20.00	4.00.00	400 Free		5.20.00	4.50.00	4.40.00	4.30.00
					800 Free					
					1500 Free					
36.00	34.00	31.00	28.00	26.00	50 Back	36.00	35.00	32.00	30.00	28.00
1.18.00	1.14.00	1.06.00	1.01.00	57.00	100 Back	1.20.00	1.16.00	1.09.00	1.05.00	1.02.00
2.56.00	2.46.00	2.24.00	2.10.00	2.04.00	200 Back	2.56.00	2.48.00	2.32.00	2.24.00	2.18.00
42.00	40.00	35.00	31.00	28.00	50 Breast	42.00	40.00	36.00	34.00	32.00
1.36.00	1.30.00	1.18.00	1.08.00	1.03.00	100 Breast	1.40.00	1.30.00	1.18.00	1.14.00	1.10.00
3.20.00	3.10.00	2.50.00	2.26.00	2.15.00	200 Breast	3.30.00	3.15.00	2.48.00	2.40.00	2.36.00
35.00	32.00	30.00	27.00	25.00	50 Butterfly	36.00	34.00	32.00	29.00	27.00
1.24.00	1.18.00	1.05.00	1.00.00	56.00	100 Butterfly	1.28.00	1.18.00	1.08.00	1.04.00	1.01.00
3.05.00	3.00.00	2.30.00	2.16.00	2.05.00	200 Butterfly	3.15.00	3.00.00	2.36.00	2.22.00	2.15.00
3.00.00	2.50.00	2.30.00	2.15.00	2.03.00	200 IM	3.00.00	2.50.00	2.36.00	2.24.00	2.18.00
NA	5.50.00	5.20.00	4.50.00	4.30.00	400m IM	NA	5.40.00	5.24.00	5.00.00	4.50.00

Swimmers must not have achieved faster times than listed above