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Covid-19 and Risk Awareness Declaration –

Tynemouth ASC Winter Gala held on 27th & 28th November 2021 at Tynemouth Pool, Preston Road North, North Shields

I/My child* am/is* able to participate in this competition hosted by Tynemouth ASC.

By signing this declaration, I confirm that I/mychild* am/is* free from any symptoms related to the Covid-19 virus, I understand the main symptoms include:

- a high temperature – this means you feel hot to touch on your chest or back
- a new, continuous cough – this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
- a loss or change to your sense of smell or taste.

I am also confirming all in my household remain symptom free, and anyone taking me/my child* to or from the competition and attending the competition with me/my child* is also symptom free from the virus.

I/My child* has taken a COVID-19 rapid lateral flow test in the last 48hrs and this result has been negative.

I/My child* attend(s) this competition knowing that participation cannot be without risk, I am therefore aware of these risks associated with the Covid-19 virus, but I still wish/ I still wish my child* to participate in the competition.

I understand the processes and protocols the **Tynemouth ASC Winter Gala (27th & 28th November 2021)** meet organiser have put in place in order to reduce risks and I/my child* will adhere to these in order to protect my/my child's* health and the health of other members, staff and other users of the facility.

I also understand that the meet organiser will have to be flexible and responsive due to the evolving government advice around Covid-19, and the fact that circumstances will change.

*delete as appropriate

| | | | |
|--|--|------|--|
| Signature | | Date | |
| Parent/guardian signature (for members under 18) | | Date | |

NB: This form should be completed no more than seven days prior to the competition date.