## Return to Competition

## Covid-19 and Risk Awareness Declaration -

Tynemouth ASC Winter Gala held on 27<sup>th</sup> & 28<sup>th</sup> November 2021 at Tynemouth Pool, Preston Road North, North Shields

l			T
	am anie to attend this	competition posted b	v ivnemolith asc.
	ann abic to attend time		y i yiioiiioaaii / too

By signing this declaration, I confirm that I am free from any symptoms related to the Covid-19 virus, I understand the main symptoms include:

- a high temperature this means you feel hot to touch on your chest or back
- a new, continuous cough this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
- a loss or change to your sense of smell or taste.

I am also confirming all in my household remain symptom free, and anyone taking me to or from the competition and attending the competition with me is also symptom free from the virus.

I have taken a COVID-19 rapid lateral flow test in the last 48hrs and this result has been negative.

I attend this competition knowing that participation cannot be without risk, I am therefore aware of these risks associated with the Covid-19 virus, but I still wish to attend the competition.

I understand the processes and protocols the **Tynemouth ASC Winter Gala (27<sup>th</sup> & 28<sup>th</sup> November 2021)** meet organisers have put in place in order to reduce risks and I will adhere to these in order to protect my health and the health of other members, staff and other users of the facility.

I also understand that the meet organiser will have to be flexible and responsive due to the evolving government advice around Covid-19, and the fact that circumstances will change.

\*delete as appropriate

Name of Spectator	CLUB	
Signature	Date	
Parent/guardian signature (for those under 18)	Date	

NB: This form should be completed no more than seven days prior to the competition date