



Christmas Sprint Meet 2021 - Level 3

License: 3NE193037

**Dunston Leisure Centre, Dunston Bank, Gateshead, NE11 9PY
Saturday 18th December 2021**

Promoters Conditions and Competition Rules

This meet is being run under ASA laws and ASA technical rules together with the conditions and rules described in this document ("Conditions").

This event is aimed at Club Swimmers in accordance with A.S.A. Open Meet Licensing Guidelines Level 3. Any surplus funds raised by the event will be used by the Club in furtherance of its Objectives.

Age Groups

Age groups are: 9yrs to 10yrs, 11yrs to 12yrs and 13yrs to 14yrs and 15 years and over

Ages are as at 18th December 2021.

Swimmers must be registered with Swim England, or have applied for registration with Swim England, and may only enter events in their own age group.

As per the Meet Licensing Guidelines October 2018

Events

Events will be held for 50m each stroke, 100m Individual Medley for the 9-10 age group and 200m Individual Medley for the 11-12 and 13-14 and 15 yrs and over age groups. Heats will be run with all ages seeded together based on entry times and the slowest swimmers first.

The promoter reserves the right to amend the Programme of Events in order to ensure the smooth running of the meet.

Starts will be "over the top" where possible, at the Referees discretion, to ensure that the events run to time in each session.

When called for an event, all swimmers must report to the Competition Marshalls before the start of each event they are competing in.

It is the responsibility of the individual to report to the marshalling area in sufficient time for each event. The Promoters will not be held responsible for a swimmer missing the start of their heat.

Finals

Finals will be held for each 50m event and will comprise of the six fastest swimmers in the Age Groups 9/10yrs, 11/12yrs & 13/14yrs and 15 yrs and over from the heats of each of the 50m event.

Finals will run at the end of each session. The 100m and 200m Individual Medley events will be Heat Declared Winner.

Entries

Please note this is a first come first served gala, entries will open on [Date to be confirmed by Matthew Grant](#) at 8:00am and will close on [Date to be confirmed by Matthew Grant](#) at 8:00am or when the gala is full.

Entries must include date of birth and ASA registration number details; the names and club for each swimmer must be the same as that registered with the ASA.

Entry times must be from Rankings or a training time – “YES” times will be rejected.

Swimmers who have entry times faster than the 100m and 200m Individual Medley upper qualifying time will not be accepted in the meet.

Club entries must be made in an electronic format using the Sports System Meet Organisation software. The entry file set will be available from the Matthew Grant. No manual entries will be accepted.

Individual entries will not be accepted. Individuals should either enter with their club entry or, if they are the only swimmer entering from a club, submit an entry for their club with only one swimmer. Poolside entries will not be accepted.

The Promoters reserve the right to restrict entries to meet the allocated pool time, or on the grounds of health and safety.

Any entry not accepted will be refunded in full; Once accepted no other refunds will be made. Funds for any entries not accepted will be available for collection in the coach's packs at the start of the meet or via bacs

The submission of entries will indicate acceptance of these Conditions.

Charges

Entry Fees: £30 per swimmer (includes entry for all 5 events)

If you wish to pay by a direct bank transfer, the bank details are as follows:

Barclays Bank

Account name: GATESHEAD AND WHICKHAM AMATEUR SWIMMING CLUB
Account number: 00721980
Sort code: 20-33-51

Otherwise, payment should be made by cheque to:

GATESHEAD AND WHICKHAM AMATEUR SWIMMING CLUB

Please return the summary of entries and cheque to:

Club Treasurer
Gateshead & Whickham ASC
13 Derwentwater Gardens,
Whickham,
Newcastle Upon Tyne
NE16 4EY

Spectator Entry: £5.00 per session or £8.00 all day.

Payment for spectators must be made by using a debit or credit card on entry to the spectator area.

Coach Passes: £10.00 each. This includes entry to poolside, start sheets, lunch and a full copy of the results. Only competing swimmers and swimming coaches/Team Managers displaying the appropriate pass (max 3 per club, at Promoters discretion) will be allowed on poolside for Health/Safety Insurance reasons.

To help this competition run smoothly could all competing clubs please provide a minimum of 1 official. Clubs providing an official covering every session will be entitled to 1 free poolside pass.

Facilities

This gala will take place at **Dunston Leisure Centre, Dunston, Gateshead NE11 9PY** which offers a six lane 25m pool with anti-wave lane ropes, new adjustable footrest starting blocks and automated officiating equipment. Please note a secondary strobe will not be available.

Warm Up

The pool will be available for warm up at the start of each session. Timings will be as indicated in the Schedule of Events and the Programme.

Coaches must supervise their swimmers during this period so as not to endanger themselves or others whilst in the water.

Diving is not permitted during warm up except when designated by the warm up official announcer.

General

The changing rooms are unisex and are to be patrolled during the Meet to ensure the safety of all the swimmers.

Car parking

Car parking is limited at Dunston Leisure Centre and alternative parking will be available at Watergate Park (approx. 0.6mile from the venue – directions and map available from www.gawswim.org.uk).

To ensure maximum space on poolside all bags must be located in lockers.

Possessions and articles must not be left unattended, as neither the swimming club nor the leisure centre will accept any liability for any loss or damage that may occur during the meet.

The Teaching pool will be used for swim down after events.

Swimmers must wear suitable clothing and footwear on poolside. No wet clothing is allowed in the spectator seating area.

Clubs should be aware that the recommended ratio of adults to swimmers on poolside is 1:10.

The Promoter reserves the right to refuse admission to any spectator, swimmer or coach.

Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. By submitting an entry, participants agree to be bound by any decisions made by the Promoter.

The Promoter reserves the right to amend these Conditions, without prior notice, to ensure the smooth running of the Meet.

Health and Safety

All participants must observe the safety precautions in operation at Dunston Leisure Centre. Swimmers and coaches must ensure that they take no action that could potentially endanger themselves or others.

Supervision and behaviour of the swimmers is the responsibility of their swimming clubs at all times. Prior to leaving the pool area, swimmers must dry off and put on appropriate clothing and footwear.

It is the responsibility of competitors, coaches and clubs to ensure that all swimmers are competent to the standard of the A.S.A Competitive Start Award. Competitors may start from the side or in the water.

Covid 19 requirements

Guidelines will be released before the gala with details of the procedures to minimize the risk of COVID 19 infection

Photography

The use of any photographic equipment during the meet must be in accordance with governing body recommendations.

We will have a photographer present at the gala taking photos of the swimmers participating in the gala and photos can be purchased after the event. If parents do not wish for their child's photo to be taken, they must inform one of the GAW officials on the day of the gala.

Data Protection

Entries for this meet will be held and processed on a computer. By submitting entries, consent is deemed to have been given, as required by the 1984 Data Protection Act, to the holding and processing of personal information on a computer. Personal data, including submitted and recorded times, will be publicly available and accessible via the Internet before, during and after the meet.

Contact Details

The meet is promoted by Gateshead and Whickham Swimming Club.

For any information regarding the meet please see <http://www.gawswim.org.uk> in the first instance.

For queries and submission of electronic entry files please email Leighanne Langan (compsecretary@gawswim.org.uk).

For queries about the meet and conditions please email lead Referee Michelle Worthy on mitchelle.worthy@ntlworld.com.

Upper Qualifying Times

Swimmers must not have achieved faster times than listed below.

Age Group	100m IM	200 IM
9/10 Girls	01:20.0	
9/10 Boys	01:20.0	
11/12 Girls		2.36.0
11/12 Boys		2.30.0
13/14 Girls		2.27.0
13/14 Boys		2.20.0
15 and over Girls		2.18.0
15 and over Boys		2.08.0

Events List

See next page for events list

Events List

Session 1	Events	Session 2	Events
101	Girls 50m Fly	201	Boys 50m Breast
102	Boys 50m Fly	202	Girls 50m Breast
103	Girls 50m Back	203	Boys 50m Free
104	Boys 50m Back	204	Girls 50m Free
105	Girls 100m IM (9-10 age group)	205	Boys 100m IM (9-10 age group)
106	Girls 200m IM (11-12, 13-14, 15 plus)	206	Boys 200m IM (11-12, 13-14, 15 plus)
107	Girls 50m Fly FINAL 9/10 years	207	Boys 50m Breast FINAL 9/10 years
108	Girls 50m Fly FINAL 11/12 years	208	Boys 50m Breast FINAL 11/12 years
109	Girls 50m Fly FINAL 13/14 years	209	Boys 50m Breast FINAL 13/14 years
110	Girls 50m Fly FINAL 15 years & over	210	Boys 50m Breast FINAL 15 years & over
111	Boys 50m Fly FINAL 9/10 years	211	Girls 50m Breast FINAL 9/10 years
112	Boys 50m Fly FINAL 11/12 years	212	Girls 50m Breast FINAL 11/12 years
113	Boys 50m Fly FINAL 13/14 years	213	Girls 50m Breast FINAL 13/14 years
114	Boys 50m Fly FINAL 15 years & over	214	Girls 50m Breast FINAL 15 years & over
115	Girls 50m Back FINAL 9/10 years	215	Boys 50m Free FINAL 9/10 years
116	Girls 50m Back FINAL 11/12 years	216	Boys 50m Free FINAL 11/12 years
117	Girls 50m Back FINAL 13/14 years	217	Boys 50m Free FINAL 13/14 years
118	Girls 50m Back FINAL 15 years & over	218	Boys 50m Free FINAL 15 years & over
119	Boys 50m Back FINAL 9/10 years	219	Girls 50m Free FINAL 9/10 years
120	Boys 50m Back FINAL 11/12 years	220	Girls 50m Free FINAL 11/12 years
121	Boys 50m Back FINAL 13/14 years	221	Girls 50m Free FINAL 13/14 years
122	Boys 50m Back FINAL 15 years & over	222	Girls 50m Free FINAL 15 years & over