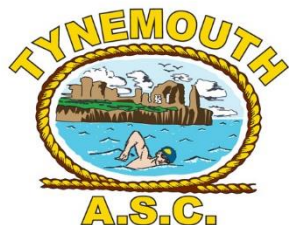


# TYNEMOUTH AMATEUR SWIMMING CLUB

**Winter Level 3 Gala at Tynemouth Pool  
27<sup>th</sup> and 28<sup>th</sup> November 2021**

Session 1 27 <sup>th</sup> November				Session 3 28 <sup>th</sup> November			
Warm-up: 8:00		Start: 9:00		Warm-up: 8:00		Start: 9:00	
Event	Male/Female	Distance	Stroke	Event	Male/Female	Distance	Stroke
101	Female (11+)	400	IM	301	Male (11+)	400	IM
102	Male	100	Fly	302	Female	100	Back
103	Female	100	Fly	303	Male	100	Back
104	Male	50	Back	304	Female	50	Breast
105	Female	50	Back	305	Male	50	Breast
106	Male	200	Breast	306	Female	200	Back
107	Female	200	Fly	307	Male	200	Fly
108	Male	200	Free	308	Female	200	Free
Session 2 27 <sup>th</sup> November				Session 4 28 <sup>th</sup> November			
Warm-up: TBC		Start: TBC		Warm-up: TBC		Start: TBC	
Event	Male/Female	Distance	Stroke	Event	Male/Female	Distance	Stroke
201	Male (11+)	400	Free	401	Female (11+)	400	Free
202	Female	100	Breast	402	Male	50	Fly
203	Male	100	Breast	403	Female	50	Fly
204	Female	50	Free	404	Male	100	Free
205	Male	50	Free	405	Female	100	Free
206	Female	200	Breast	406	Male	200	Back
207	Male	100	IM	407	Female	100	IM
208	Female	200	IM	408	Male	200	IM



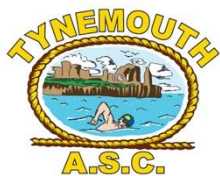


# Winter Gala 2021

## Upper Qualifying Times

Female						Event	Male					
9 Yrs	10 Yrs	11 Yrs	12 Yrs	13 Yrs	14+		9 Yrs	10 Yrs	11 Yrs	12 Yrs	13 Yrs	14+
34.00	32.00	30.00	29.00	28.00	26.50	<b>50 Free</b>	34.00	31.00	28.00	26.00	25.00	24.00
1.20.00	1.10.00	1.05.00	1.02.00	59.00	58.00	<b>100 Free</b>	1.18.00	1.08.00	1.00.00	58.00	55.00	53.00
2.44.00	2.28.00	2.19.00	2.12.00	2.07.00	2.05.00	<b>200 Free</b>	2.42.00	2.27.00	2.11.00	2.05.00	2.00.00	1.56.00
		5.00.00	4.43.00	4.34.00	4.35.00	<b>400 Free</b>			4.45.00	4.30.00	4.19.00	4.10.00
39.00	37.00	35.00	33.00	31.00	30.00	<b>50 Back</b>	39.00	36.00	32.00	30.00	28.00	27.00
1.29.00	1.20.00	1.14.00	1.10.00	1.05.00	1.03.00	<b>100 Back</b>	1.28.00	1.19.00	1.08.00	1.04.00	1.01.00	58.00
3.02.00	2.47.00	2.35.00	2.27.00	2.20.00	2.17.00	<b>200 Back</b>	3.01.00	2.45.00	2.26.00	2.18.00	2.12.00	2.06.00
45.00	41.00	39.00	37.00	35.00	34.00	<b>50 Brst</b>	45.00	41.00	36.00	34.00	32.00	30.00
1.40.00	1.30.00	1.24.00	1.19.00	1.14.00	1.11.00	<b>100 Brst</b>	1.40.00	1.30.00	1.18.00	1.14.00	1.10.00	1.07.00
3.31.00	3.12.00	2.59.00	2.49.00	2.39.00	2.32.00	<b>200 Brst</b>	3.29.00	3.12.00	2.48.00	2.38.00	2.31.00	2.23.00
39.00	35.00	34.00	32.00	30.00	29.00	<b>50 Fly</b>	38.00	35.00	31.00	29.00	28.00	26.00
1.30.00	1.20.00	1.14.00	1.09.00	1.05.00	1.03.00	<b>100 Fly</b>	1.30.00	1.20.00	1.08.00	1.04.00	1.01.00	57.00
3.27.00	2.58.00	2.42.00	2.30.00	2.22.00	2.17.00	<b>200 Fly</b>	3.25.00	2.55.00	2.30.00	2.22.00	2.15.00	2.08.00
1.20.00	1.18.00	1.16.00	1.14.00	1.10.00	1.05.00	<b>100 IM</b>	1.20.00	1.18.00	1.16.00	1.14.00	1.10.00	1.05.00
3.07.00	2.50.00	2.39.00	2.30.00	2.24.00	2.21.00	<b>200 IM</b>	3.05.00	2.49.00	2.29.00	2.21.00	2.15.00	2.10.00
		5.40.00	5.20.00	5.06.00	5.00.00	<b>400 IM</b>			5.20.00	5.00.00	4.50.00	4.36.00

Swimmers must not have ranked times faster than the above in the time period since 31<sup>st</sup> January 2019



**Tynemouth ASC Spring Gala**  
**Saturday - Sunday 27<sup>th</sup> and 28<sup>th</sup> November**  
**Meet Conditions**

1. The meet will be held under ASA Laws and Technical Rules. This is a level 3 licensed meet – licence number – **3NE211278**
2. The pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available.
3. The starting gun will provide an internal starting strobe, but no external starting strobe facility will be provided.
4. Swiss Electronic Timing will be in operation with scoreboard display. Times and places shown on the scoreboard are for information only and are not necessarily the official result. The referee's decision is final.
5. Copies of the results will be available over the duration of the gala.
6. The age groups will be 9, 10, 11, 12, 13, 14+. **Age at 28<sup>th</sup> November 2021**
7. Swimmers must not have swum faster than the **upper** qualifying times since 31<sup>st</sup> January 2019 (refer to Qualification Times).
8. Closing date: **Friday 13<sup>h</sup> November 2021**. Entries will be selected on a first come first served basis (from **Friday 29<sup>th</sup> October 2021**). Entries may be further restricted to comply with session limits.
9. All events are Heat Declared Winner (HDW), heats being seeded slowest to fastest based on submitted entry times.
10. Awards will be made to the first three in each age category. These awards will be available for collection after the winners are announced for each event.
11. No entry cards will be issued. Seeded heat start lists will be produced prior to the start of each session. If a swimmer is not swimming an event, we request that the recorders are informed no later than 45 minutes prior to the session start time. Complying with this request will keep the number of empty lanes to a minimum and this courtesy is appreciated.
12. No refund will be given for a withdrawal after the closing date.

Entry Fees                      £6.50 per event on disc (using TMLite), £7.00 on paper

Coaches passes                £20.00 to include poolside refreshments & lunch

Cheques should be made payable to **Tynemouth ASC**

**BACS – sort code 20-62-09 account 70947512 – please make ref your club code + NOV 2021**

Paper entries can be submitted to: TASC c/o 23 Kew Gardens, Whitley Bay, Newcastle, NE26 3LY  
Mail to: [tasccompsec@outlook.com](mailto:tasccompsec@outlook.com)

Electronic entries are to be submitted using **Sport Systems**. An event file is available from the Meet Manager. Entry times should be valid **short course** times. Converted times will be accepted.

13. All entries to swim must have an entry time for seeding purposes. Coaches realistic times are acceptable. Tynemouth ASC reserves the right to fill any empty places with its own eligible swimmers.
14. Coaches/Team Managers are responsible for ensuring competitors report to the marshalling area at the required time. Failure to report to marshalling in good time may result in elimination from the event.

15. Tynemouth ASC will not be responsible for any unaccompanied swimmers on the poolside. The responsibility falls with the club entering the swimmer, who should appoint a responsible individual to be on poolside.
16. Tynemouth ASC cannot be held responsible for loss or damage to spectators' or swimmers' property.
17. Access to pool-side will be restricted to swimmers, coaches, officials and authorised helpers in line with ASA Child Protection Policy.
18. The Lead Referee for this event will be: Paula Gibbons-Fewster
19. Spectator admission will be £4.00 per session. £7.00 for the day or a week-end pass - £12. Concessions will apply. Spectators are restricted to 1 per family.
20. Our club website will provide information of any last-minute changes. [www.tynemouthasc.co.uk](http://www.tynemouthasc.co.uk) . Alternatively, you can contact the Meet Manager via email: traceybooth02@gmail.com
21. The use of any photographic equipment (still, video or digital, including mobile phones with camera facilities) will not be allowed anywhere on the premises. Mobile phones must not be used anywhere on the premises.
22. By entering this gala, it is assumed a swimmer accepts these terms & conditions.
23. Any points not covered above will be at the discretion of the Meet Manager.

**PLEASE NOTE: These conditions are subject to government guidance for Covid-19 at the time of the event and may be subject to change at short notice. Spectator numbers may be limited to adhere to North Tyneside Council maximum numbers for Tynemouth Pool. In the event that spectators are limited this will be on a 1 adult per swimmer basis.'**