

SWIMMER PROFILE

DANIEL BARRETT

Speedster Daniel Barrett follows in the slipstream of his brother, Adam, who won several regional titles and made national finals in his short swimming career.

Massive congratulations to Daniel on his selection for the [Swim England National Development Programme](#) camp, which should prove, with a bit of hard work, to be just the start of an excellent swimming career.



Swimming and Daniel were not a match made in heaven from the outset, with Daniel spending several weeks watching the other children in his swimming lesson from the poolside before he tentatively first dipped his big toe in the little pool at Blaydon Leisure Centre.

Despite being a natural, Daniel was again, a very nervous first time competitor, regularly throwing up before races on coaches, officials, team mates, and competitors alike. Then more often than not... winning by a streak!

Though, at first, competition would cause Daniel terrible nerves, he has learned to harness those nerves, and is now starting to really put in some excellent performances.

An all-rounder, Daniel has won regional titles in butterfly, backstroke, and individual medley, and has medalled in all freestyle events.

Despite a relative lack of medals in breaststroke, it is British olympic gold medallist, Adam Peaty, along with his similarly named brother, that have proved inspirational to Daniel, who initially wanted nothing more than to be a sprint breastroker, even drawing an identical (to Peaty) 'British Lion' tattoo on his arm at a local competition. Though his training levels have not, as yet, matched his competition performances, Daniel has recently demonstrated a growing maturity and commitment to improving his skills and effort levels which will stand him in great stead going forward. Though Daniel sits atop of the British age group rankings for 50m freestyle, it will undoubtedly be in the longer events that his future lies. Daniel, last year, swam up an age group to represent his county in the national team championship, and certainly would have qualified for summer nationals in a number of events in 2020.