

Swim England North East Senior & Junior Championships (50m) 2017 Ponds Forge International Sports Centre Sheffield 4th&5th November 2017 Entry Closing Date 20th October 2107



Session 1						
Saturday 4 th November @ 09:00						
Men	100m	Freestyle				
Women	200m	Freestyle				
Men	50m	Breaststroke				
Women	100m	Breaststroke				
Men	400m	Ind. Medley				
Women	100m	Butterfly				
Men	100m	Backstroke				
Women	50m	Backstroke				
Men	200m	Butterfly				
Women	200m	Ind. Medley				
Men	400m	Freestyle				
Women	50m	Freestyle				
Men	200m	Breaststroke				
Women	800m	Freestyle HDW				
Men	50m	Butterfly				
Women	200m	Backstroke				
Men	4x100m	Freestyle Team HDW				
Women	4x100m	Medley Team HDW				
Session 2 Finals @						
TBC						
Women	4x200m	Freestyle Team HDW				

Session 3						
Sunday 5 th November @ 09:00						
Women	100m	Freestyle				
Men	200m	Freestyle				
Women	50m	Breaststroke				
Men	100m	Breaststroke				
Women	400m	Ind. Medley				
Men	100m	Butterfly				
Women	100m	Backstroke				
Men	50m	Backstroke				
Women	200m	Butterfly				
Men	200m	Ind. Medley				
Women	400m	Freestyle				
Men	50m	Freestyle				
Women	200m	Breaststroke				
Men	1500m	Freestyle HDW				
Women	50m	Butterfly				
Men	200m	Backstroke				
Women	4x100m	Freestyle Team HDW				
Men	4x100m	Medley Team HDW				
Session 4 Finals @ TBC						
Men	4x200m	Freestyle Team HDW				

Qualifying Times (50m) Entry Times must be from the British Swimming Rankings (Levels 1-3)							
Men			Women				
Senior	15 & under		Senior	15 & under			
27.00	28.30	50m Freestyle	29.00	30.00			
56.50	1.00.80	100m Freestyle	1.03.50	1.04.50			
2.04.00	2.13.00	200m Freestyle	2.14.00	2.18.00			
4.27.00	4.35.00	400m Freestyle	4.45.00	4.55.00			
		800m Freestyle	9.50.00	10.00.00			
17.55.00 18.35.00		1500m Freestyle					
30.00	33.30	50m Backstroke	33.00	34.30			
1.03.50	1.09.50	100m Backstroke	1.11.50	1.12.50			
2.17.50	2.28.50	200m Backstroke	2.31.50	2.33.50			
35.00	37.30	50m Breaststroke	38.00	38.30			
1.12.50	1.21.50	100m Breaststroke	1.20.50	1.23.50			
2.38.50	2.53.50	200m Breaststroke	2.53.50	3.01.50			
28.70	32.20	50m Butterfly	31.20	32.20			
1.02.00	1.09.70	100m Butterfly	1.09.00	1.13.00			
2.24.00	2.36.00	200m Butterfly	2.33.00	2.38.00			
2.21.00	2.30.00	200m Ind. Medley	2.33.00	2.36.00			
5.06.00	5.18.00	400m Ind. Medley	5.24.00	5.41.00			

Junior: Age 15 years & under on 31st December 2017

Email: swimming@proudys.plus.com